



5km run

6 June 2010, Alexandra Park

Place	Time	No.	Name	Sex	Club
1.	16.30	847	Nathan Kilcourse	M	Unattached
2.	16.43	147	Scott Monk	M	Blackburn Harriers
3.	17.33	186	William Hadmen	M	Unattached
4.	17.44	155	Gary Matthews	M	East Cheshire Harriers
5.	18.27	832	John Raho	M	Unattached
6.	18.38	149	Stephen Cogle	M	Unattached
7.	18.39	151	John Bowker	M	East Cheshire Harriers
8.	18.40	165	Pat Byrne	M	Middleton
9.	18.48	154	Chris Munro	M	Stubbington Green
10.	18.52	856	Graham Webster	M	Lytham St Annes Road Runners
11.	18.57	833	Roberto Raso	M	Unattached
12.	19.19	196	Jonathon Guildford	M	Manchester Fronrunners
13.	19.24	846	Paul Marsden	M	Unattached
14.	19.31	185	Jonathan Hensher	M	Unattached
15.	19.49	168	John Ward	M	Bolton Utd Harriers
16.	20.07	167	Stephen McNicholas	M	Pennylane Striders
17.	20.27	181	Chris Brierley	M	Northern Vets
18.	20.39	842	J Percival	M	Unattached
19.	20.55	845	Carl Kilcourse	M	Unattached
20.	21.02	862	Mike Obrien	M	Unattached
21.	21.07	191	Faye Woodhead	F	MFR
22.	21.09	164	Ray Dalby	M	Rochdale Harriers
23.	21.47	184	Martin Toal	M	Unattached
24.	21.56	844	Katie Kay	F	Unattached
25.	22.05	836	James Thorne	M	Unattached
26.	22.55	837	Matthew Cox	M	Rochdale
27.	23.09	172	Clive Bishop	M	YMCA Manchester Harriers
28.	23.30	150	Luke Edwards	M	Unattached
29.	23.31	183	Joel Sales	M	Unattached
30.	23.43	834	Linda Rix	F	Manchester Fronrunners
31.	24.08	171	G Huggett	M	Unattached
32.	24.17	170	Allan Pollitt	M	YMCA
33.	24.18	152	Mihail Petrov	M	Unattached
34.	24.19	840	Geraint North	M	Manchester YMCA Harriers
35.	24.20	835	Katie Reece	F	Sale Harriers
36.	24.21	861	Wale Adek	M	Unattached
37.	24.35	148	Rucha Cogle	F	Unattached
38.	24.40	850	Natalie Dodd	F	Unattached
39.	24.54	855	Graham Lawler	M	East Cheshire
40.	24.56	187	Ian Campbell	M	Unattached
41.	24.59	178	Claire Kearsley	F	Unattached
42.	25.00	179	Timothy Newsham	M	Unattached
43.	25.06	200	George Harrison	M	Unattached
44.	25.07	180	Angelo Tomasso	M	MFR
45.	25.08	838	Mike Harrop	M	Unattached



46.	25.17	848	Eduardo Puron	M	Unattached
47.	25.17	849	Borsa Ramirez	M	Unattached
48.	25.25	858	Ivo Slovak	M	Unattached
49.	25.30	853	Claire Steward	F	Unattached
50.	25.33	192	Cara Anderson	F	Unattached
51.	25.35	153	Bunmi Adetajio	F	Unattached
52.	25.40	851	Olivia Scates	F	Manchester YMCA
53.	26.29	863			
54.	26.32	163	Hud Shaker	M	Unattached
55.	26.41	859	Philop Hawkswell	M	Unattached
56.	26.42	854	Saritta Jayne	F	Unattached
57.	27.20	843	Nick Roberts	M	Unattached
58.	27.47	159	Mark Copeland	M	Unattached
59.	28.00	188	David Melvin	M	Unattached
60.	28.11	841	Lyndsey Callion	F	Unattached
61.	28.29	852	Kathryn Shuttleworth	F	Unattached
62.	28.58	190	Neville Jones	M	Warrington AC
63.	29.13	860	Helen Moore	F	Unattached
64.	29.20	157	Barbara Stone	F	Unattached
65.	29.32	194	Kate Farrington	F	Unattached
66.	29.35	195	Paul Elliott	M	Unattached
67.	29.57	175	Katy Carter	F	Unattached
68.	30.44	169	Paula Rustage	F	Unattached
69.	30.45	197	J Aslam	M	Unattached
70.	30.46	160	Jeff Grant	M	Unattached
71.	31.34	177	Jane Harris	F	Unattached
72.	31.40	166	Arthur Walsham	M	Salford Harriers
73.	32.07	176	Sarah Nixon	F	Unattached
74.	32.08	189	Emily Marriot	F	Unattached
75.	32.15	161	Shirley Grant	F	Unattached
76.	32.59	857	Charlie Reed	M	Unattached
77.	33.02	193	Angela Hilton	F	Manchester Frontrunners
78.	33.09	199	Liz Clarke	F	Chorlton Runners
79.	33.18	198	Jo Somerset	F	Unattached
80.	33.24	182	Laura Brierley	F	Unattached
81.	34.14	162	Pauline Revitt	F	Unattached
82.	34.21	156	Shazia Mughal	F	Unattached
83.	34.22	158	Safia Aslam	F	Unattached
84.	48.55	173	Carol Rodriguez	F	Unattached
85.	48.55	174	Kim Clarke	F	Unattached
86.	DNF	839	Jennifer Nelson	F	Unattached